

# 80 WALKS BY 80 LEADERS



## Northern Beaches: Narrabeen Lagoon to Mona Vale

Leader: Pamela Irving

Date: 8<sup>th</sup> March 2019

Participants: Pamela Irving, Jonathan Hestelow, Sarah Bodlay, Robert Lowman, Kumiko Suzuki, Sandra Bushell, Lucy Moore



### Report:

Perfect day for a beach walk, hot enough for a swim but OK for walking. We circumnavigated Narrabeen Lagoon, had morning tea and coffee at cafe on the lagoon, then followed the lagoon to its mouth at North Narrabeen headland.

A few had a swim in the rock pool then we walked around the clifftop to Turimetta Beach for lunch. Then back along the cliffs and over the headlands to Warriewood Beach and finally Mona Vale where no-one opted for a final swim at the rock pool.

We finished with a coffee stop at the surf lifesaving club, before catching the bus back south. This is a very pretty walk with rainforests, ocean views and beach walks/swims.



### Walk description:

Mostly flat with a few hills along the coast between North Narrabeen and Mona Vale. Bit of beach walking, swimming if hot, and coffee stops en route. Map: street directory